

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30am							
9:30am							
12:00pm				Pilates Mat Nicole		Boxing Lee	11:00am Muay Thai Roland
5:30pm	<u>6:00pm</u> Wu Tai Chi Sifu David		4:30 - 5:30pm LIL' B- BOYS HIP HOP ( age 4-5 )	4:30 - 5:30pm LIL' B- BOYS HIP HOP ( age 5-8 )			2:00pm Kids Muay Thai boxing 5-9 yrs
6:30pm			Salsa Roland	<u>7:00pm</u> Boxing Lee			
7:30pm				8:30 - 10:00pm Wu Tai Chi Sifu David			